# Policies, Procedures, & Guidelines

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GENERAL INFORMATION & POLICIES
Failure to comply with the following policies and guidelines could result in, but are not limited to, suspension of membership privileges, being reported to the Dean of Students, and/or being reported to the Georgia State Police Department. Anything not covered in this document, but still violates the Code of Conduct (codeofconduct.gsu.edu), could also warrant disciplinary action.

WELCOME
Georgia State University Department of Recreational Services offers a wide variety of recreational, sport, and fitness activities. We encourage you to visit our web site recreation.gsu.edu for the current semester program offerings.

MISSION STATEMENT
The Department of Recreational Services promotes healthy life-styles through exceptional recreational programs, services, and facilities.

VISION STATEMENT
The Department of Recreational Services will be the leader in recreational programs among urban universities serving a diverse student body.

HISTORY
Former University President Carl V. Patton appointed a task force in the spring of 1994 to investigate the feasibility of building a student recreation center at Georgia State University. The students, faculty and staff members of the task force spent the spring and summer soliciting information from other universities about the impact, magnitude, costs, and contents of such centers. The group focused on urban university comparisons. They collected floor plans, photos, statistics, and fee information. The combination of their hard work and dedication played a significant role in planning the facility and establishing its policies. Student employees serve in a variety of capacities. A full-time professional staff supervises all recreation programs, services, and facilities.

IMPORTANT PHONE NUMBERS

<table>
<thead>
<tr>
<th>Administrative Office</th>
<th>404-413-1750</th>
<th>Indian Creek Pool</th>
<th>404-413-4272</th>
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<tr>
<td>Aquatics Office</td>
<td>404-413-1775</td>
<td>Intramural Sports Office</td>
<td>404-413-1924</td>
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<tr>
<td>Equipment Issue Desk</td>
<td>404-413-1770</td>
<td>Membership</td>
<td>404-413-1753</td>
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<td>Fax</td>
<td>404-413-1768</td>
<td>Outdoor Trips &amp; Rental Desk</td>
<td>404-413-1772</td>
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<tr>
<td>Fitness Center</td>
<td>404-413-1779</td>
<td>Service Counter</td>
<td>404-413-1780</td>
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<tr>
<td>Game Room</td>
<td>404-413-1777</td>
<td>Sport Clubs Office</td>
<td>404-413-1764</td>
</tr>
<tr>
<td>Indian Creek Lodge</td>
<td>404-413-1794</td>
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STUDENT RECREATION CENTER (SRC) BUILDING LAYOUT
The SRC is a four-level 161,000 sq. ft. recreational facility.

Lower Level
- Equipment Issue Desk
- Four racquetball courts (with two optional wallyball courts) & 1 squash court
- 5,830 sq. ft. free-weight area
- 35 foot Climbing Wall and Bouldering Cave
- Aquatic Center: aquatics training room, dry sauna, lap pool, leisure pool, and spa
- Unisex changing room (accessible for patrons with disabilities)
- Men’s and Women’s locker room
- Restrooms
- Touch the Earth Outdoor Rental (accessible from outside building on the back side)
- AED

First Level (Lobby level)
The main entrance is located on Piedmont Avenue across from the Student Center.
- Four e-mail stations
- Charging stations
- Television
- Vending machines
- Sitting areas
- Service Counter
- Exercise Room
- Fitness Center
- Game Room
- Restrooms
- AED

Second Level
- Administrative Offices
- Aerobics/Dance Studio
- Martial Arts Studio
- Studio B
- Main Gym, four basketball/volleyball courts with spectator seating
- Restrooms
- AED

Third Level
- Omni Gym
- Elevated 1/8 mile running track with stretching area
- Restrooms
- AED
ANNUAL MAINTENANCE WEEK
The building will be closed one week for annual maintenance in August. See website for specific dates.

ASSUMPTION OF RISK
Users assume a risk of injury or even death while participating in recreational activities. All participants are strongly urged to have regular medical check-ups and carry medical insurance coverage. All members and guests are required to sign a waiver.

AGE REQUIREMENTS
- All children must be with their parent/guardian at all times.
- Children ages 7 years and younger are only allowed access to the leisure pool.
- Children ages 8-15 are allowed access to all areas except the Exercise Room and Free Weight Area.
- Children ages 16-18 are allowed access to all areas.
- Parents may only register their children for programs that are specifically noted as being for children.

BICYCLES, HOVERBOARDS, SKATEBOARDS, IN-LINE & ROLLER SKATES
Bicycles and hoverboards are not allowed inside the SRC. Roller skates, skateboards, and in-line skates may not be worn or used inside the SRC.

CELL PHONE USE
Cell phone use is not allowed in the locker rooms, Exercise Room or free weight areas, while exercising. Please be considerate of your fellow SRC users. Use of cameras is prohibited in the locker rooms and pools.

CONDUCT
The use of abusive or profane language will not be tolerated. Clothing that expresses any profane and/or bigoted messages will not be allowed. The Recreation staff reserves the right to address any witnessed or reported concerns related to conduct or disruptive behavior. Disruptive behavior is not allowed and may result in membership suspension or termination.

Patrons participating in any program or utilizing any facility or service offered by Recreational Services are expected to conduct themselves in a respectful and appropriate manner; any patron violating this expectation subjects themselves to membership suspension or termination, or discontinuation of service or program. See the below list of prohibited general conduct:

- Conduct which is obscene or indecent.
- Disruption or obstruction of the program.
• Harassing any person leading/facilitating the program through unwanted conduct directed at him/her that causes reasonable fear for safety (e.g. stalking) or is sufficiently severe, pervasive and persistent that it interferes with the person’s University employment or ability to participate in or benefit from University programs.
• Threatening physical abuse, intimidation, coercion and/or conduct which threatens the health or safety of others.
• Physical abuse, intimidation, coercion and/or other conduct which endangers the health or safety of others.

DISABILITY ACCOMMODATIONS
To request disability accommodations, please contact Recreational Services at recreation@gsu.edu.

EASEL POSTER DISPLAY
An easel display area in the Student Recreation Center lobby is available for use by chartered student organizations and university departments for larger displays promoting university activities and events. The easel display area is located along the railing next to the television. The walkway leading to the emergency exit should not be obstructed.

• This space is available on a first-come, first-served basis.
• Easel display space is reserved for one week from Monday to Monday unless it is time-sensitive. Materials must be removed no later than 11 a.m. Monday at the conclusion of the reservation period. For time-sensitive materials, the poster must be removed after the event by 11 a.m. on the following business day.
  o Examples:
    ▪ If an organization has a general promotional item displayed beginning Monday, they must have their items removed by the following Monday at 11 a.m.
    ▪ If an organization is advertising for a specific event such as Panther Prowl on a Thursday night, they must have their items removed by the next day at 11 a.m.
• Only one poster, per organization may be displayed.
• Easels will not be provided.
• Recreational staff will remove ALL expired promotional posters by NOON. Those who fail to retrieve promotional items must meet with the Facilities Coordinator in Suite 200 to recover items. Please note, posters may be discarded.

For more information and/or to set up reservations, please contact Facilities Coordinator at recreation.gsu.edu.

ELEVATORS
Two elevators are located inside the turnstile area and access all floors of the building. Another
elevator is accessible from the lobby and from the lower level entrance and only services the lower level entrance and lobby level.

EMERGENCY PROCEDURES
In the event of a fire or other emergency, alarms will sound throughout the facility. Recreation staff members or University personnel will provide users with evacuation instructions. Do not use the elevator in an emergency. Users needing help to exit the building should notify a recreation staff member or use a white emergency phone to call for assistance. Fire alarms and extinguishers are located conspicuously throughout the facility.

FOOD AND BEVERAGES
Food and beverages in plastic containers are permitted in the lobby, vending area, and outside pool deck area. Water only in a plastic container with a screw-top is allowed in the Game Room. Plastic water bottles with a secured lid or squirt spout may be used in workout areas and the pool area. Food, glass bottles and soda cans are prohibited inside the turnstiles. Please dispose of any litter properly. Recycling containers are located on every level of the SRC.

HOURS
Hours will vary during semester breaks and between semesters. Refer to recreation.gsu.edu for current semester hours. No recreation activity is allowed outside of hours posted.

INCLEMENT WEATHER
Call 404-413-2100 or visit www.gsu.edu for an update on University closings.

INJURIES
If an injury occurs, please contact a member of the recreation staff immediately to assist with first aid and to document the incident. The white emergency phones may also be used. These connect directly to the Equipment Issue Desk to provide assistance to users in an emergency. First aid supplies are available at the Equipment Issue Desk, the Service Counter, the Game Room, the Exercise Room, Touch the Earth, Aquatics Center, and the Administrative Office. All facility supervisors carry first-aid supplies. All participants are financially responsible for all expenses related to injuries and emergency care, including medical care and ambulance.

LOST & FOUND
Georgia State University is not responsible for lost or stolen articles. Do not bring valuables to the facility. The Lost & Found is located at the Equipment Issue Desk. All "non-valuable" items will be held for 30 days, and then discarded. "Valuable items" will be turned over to the University Police, 404-413-2100. Always secure your belongings in a locked locker, even when in the shower. The recreation staff is not allowed to hold valuables for users.

PANTHERCARD POLICIES
MISPLACED/LOST
Members of Recreation who forget their PantherCard one time may access the SRC after signing a misplaced ID waiver at the Service Counter. A fee of $5.00 will be charged anytime thereafter during the same semester when a member forgets their PantherCard and desires to access the building.

CONFISCATED
If someone other than the person represented on the card presents it for access to any Recreation programs, facilities, or services, the card will be confiscated. The true PantherCard holder and the person using it falsely will have Recreation privileges terminated at least until the cardholder has met with the Facility Coordinator.

PERSONAL TRainers, COACHES, AND INSTRUCTORS
Only SRC staff, in the course of their university employment, may provide personal training, sport/fitness instruction and/or coaching in the Student Recreation Center.

Failure to observe this policy or attempts to circumvent it may result in university sanctions, including loss of privilege to use any Recreation program, service, or facility for both the person receiving instruction and the person giving instruction.

PETS AND ANIMALS
No pets or animals of any kind are allowed inside facilities or on Recreation property with the exception of working companion dogs for individuals who have a disability.

PHOTOGRAPHY
Any filming or photography in Recreation facilities or of programming must be pre-approved by the Assistant Director of Operations.

SMOKING, TOBACCO, DRUGS, AND ALCOHOL
Smoking, smoking devices, e-cigs, tobacco, drugs, and alcohol in any form are prohibited in all recreational facilities.

TOURS
Tours are available, circumstances permitting, by notifying personnel in the Administrative Office of the SRC. Groups may request a special tour by calling the office at 404-413-1750 at least one week prior to their visit. All facility tours for non SRC members must be conducted by SRC staff.
RECREATION MEMBERSHIP INFORMATION

Memberships are available at the Service Counter located on the lobby level and are available to current Georgia State University (Atlanta campus) students, faculty, staff, and degree holding graduates (graduation will be verified). Memberships are not available to the general public.

- All members must sign a waiver
- Membership includes access to the Student Recreation Center, Indian Creek Recreation Area and the ability to register for programs and services listed for members. All members must use their PantherCard to enter and exit the turnstile area.
- All membership policies will be reviewed annually.
- Memberships may be purchased by the semester or annually. The earliest a membership may be renewed is the first day of the membership period.

*Georgia State University reserves the right to adjust membership fees as necessary.*

MEMBERSHIP FEES

CURRENTLY ENROLLED STUDENTS

Membership is included in student fees.

CONTINUING STUDENT FEE

If a student has not graduated, is not enrolled for summer semester, but was enrolled the previous fall and spring semesters they may pay this fee only during the summer term. It allows access to the Student Recreation Center and Indian Creek Recreation Area and the ability to participate in Recreation programs as a student. The cost is $49 and must be paid at the Service Counter prior to using the facility.

FACULTY/STAFF/RETIREES

$252/year or $84/semester (payroll deduction available)

GRADUATES (DEGREE HOLDING) OF GEORGIA STATE UNIVERSITY

$306/year or $102/semester

SPOUSE OF CURRENT RECREATION MEMBER

$306/year or $102/semester

- Available to spouse of current member (this would be verified each semester prior to the purchase and renewal of membership). Proof of relationship will be necessary (marriage certificate) prior to the purchase of membership. The spouse must accompany the member in order to sign-up for membership.
- May use facilities anytime during open hours and does not have to be accompanied by the member; has the same guest privileges as regular members will be issued a
PantherCard and must utilize this card for entering and exiting the building; lockers maybe available for semester or annual rental at the Equipment Issue Desk for a fee, day-use lockers are available at no charge.

- Payroll deduction will be available as long as the faculty/staff member is also utilizing this same service (this is not available to spouse/domestic partners of students).

CHILDREN OF MEMBERS

- 7 years of age and younger: Free
- 8-18 years of age: $25.50/semester/child membership
- Policies
  - All children must be accompanied by a member adult at all times.
  - Children 7 and under are allowed only in the leisure pool.
  - Membership ID cards for children 8-18 will be prepared at the Service Counter.
  - Parents must present the ID card for entry.
  - The parent or legal guardian of any child younger than 18 will be required to sign a waiver at the Service Counter for the child.
  - Children must be 16 or older to utilize the Exercise Room or Free Weight Area

ADULT CHILDREN OF MEMBERS

19-26 years of age: $51/semester only. (Parent must be a current Recreation member).

- Policies
  - Parent must accompany adult child in order to sign-up for membership.
  - Adult child is required to present a government issued photo id with proof of birthdate each semester prior to the purchase and renewal of membership.
  - Adult child is required to sign a waiver at the Service Counter.
  - Adult child member is required to present their ID card for entry.
  - For equipment rental, locker rental or program registration, the parent’s ISO # will be used and the price will be the member rate.

GUESTS OF MEMBERS

$5/guest/visit

- Policies
  - Members are allowed up to 3 guests per day.
  - Guests must sign waiver and present picture identification.
  - Member must accompany guest(s) at all times during visit.
• Guests may only participate in drop in activities. They may not sign up for programs that require membership to register.
• Members are responsible for the behavior and actions of their guests.
• Guests of members that are 3-7 years of age are $3/guest/visit.

MULTI-USE GUEST PASS

• 5 visits for $15
• 10 visits for $30
• 15 visits for $45
• Policies
  ○ Member may purchase a multi-use guest pass for a discounted guest fee of $3
  ○ Member must present Multi-Use guest pass and PantherCard during each visit
  ○ Member and their guest(s) must follow all policies for guests
  ○ Only full refunds available

*Non-student fees may be adjusted accordingly with regular mandatory student activity fee changes.*

LOCKERS

Locker rental begins the first Monday of fall, spring and summer semesters beginning at 6 a.m.

An assigned locker with lock may be rented at the Equipment Issue Desk on the lower level. Bring your PantherCard along with cash, check, PantherCash, or credit card. We accept Visa, MasterCard and Discover. Faculty/Staff may pay via payroll deduction for ½ and full lockers. The lock remains the property of Recreational Services. Recreational Services is not responsible for items stored in locker.

Locker Etiquette

Do not leave anything hanging from your locker that would impede another person’s access to their lock or locker. Do not leave unlaunedered items in the locker that may create an odor.

Locker Renewal Period

Locker renewal periods will typically be the last three weeks of the semester with the last day being the last day of exam week. Those not wishing to renew should remove contents prior to the last day of the exam schedule.
Contents of lockers that are not renewed will be stored at the Equipment Issue Desk. The storage retrieval fee is $3. Unclaimed contents will be donated to charity 14 days after the last day of exams.

**Day-Use Lockers**

**LOCKER ROOM**

Day-use lockers are available in the locker rooms at no cost. Members must provide their own locks and must remove them prior to the end of the day. Locks left on lockers after hours will be removed and contents stored at the Equipment Issue Desk for no more than 30 days. Unclaimed contents will be donated to charity. The storage retrieval fee is $3.

**EXERCISE ROOM/GAME ROOM**

Day-use lockers are also available in the Exercise Room and Game Room. They are only available for use while you are in the SRC. You must present your PantherCard in exchange for a key. Items left in lockers after hours will be removed and contents stored at the Equipment Issue Desk for no more than 30 days. Unclaimed contents will be donated to charity. The storage Retrieval fee is $3. Lost or unreturned keys could result in an $85 fine to replace the keys and lock.

**AREA POLICIES**

**AQUATIC CENTER**

- The Aquatic Center closes 15 minutes prior to building closing.
- Health regulations require showers before entering the pool/spa/sauna and after use of toilet.
- You must be at least 13 years of age to use the spa/sauna, and 8 years of age to use the lap pool.
- Swimming aids are restricted to eye goggles, leg buoys, and kickboards.
- Only Coast Guard approved flotation devices are allowed. Non-coast guard approved flotation devices are prohibited (i.e., water wings, inner tubes, etc.).
- Persons with severe cuts, open sores, rashes, skin eruptions, or known communicable diseases are not permitted in the pools or spa.
- There is a 10 minute recommended time limit in the spa/sauna.
- Spa/Sauna clothing must be swim attire, no long sleeve or long pants.
- Pool/Spa/Sauna use is not allowed without a lifeguard on deck.
- All children must be accompanied by a parent/guardian adult at all times.
- Prolonged underwater swimming (more than 15 seconds) is prohibited.
- Infants are required to wear plastic pants or swim diapers in the pool.
- No diving in water less than 9 feet deep.
- No pushing, shoving or horseplay.
- No chewing gum, food, or drink. No tobacco use.
- Non-swimmers should never enter the deep-water area.

CLIMBING WALL AND BOULDERING CAVE
- Children between ages 8-16 may use the Climbing Wall ONLY when accompanied by a certified adult. Your PantherCard must be presented prior to each use.
- Patrons who belay must successfully complete a written and practical test and sign the Climbing Wall Belay/Use Agreement.
- All climbers must wear shirt and proper shoes while climbing/bouldering - climbing shoes, athletic shoes, water shoes, and tennis shoes only on the wall - no street shoes or hiking boots. --A limited supply of climbing shoes are available for use while on the wall.
- No food is allowed in the Climbing Wall area. Only drinks in plastic bottles with a secured lid or squirt spout are allowed.
- Personal equipment is not allowed in the climbing wall area except for shoes, harnesses and chalk bags. The following is available: shoes, harnesses, helmets, ropes and all hardware. Use of helmets is recommended.
- On the wall, when bouldering, no hands are allowed above the third panel/bouldering line. Bouldering is not ever allowed under a climber.
- Only a figure eight follow through knot is to be used to tie into the belay rope. No gris-gris may be used for belay.
- Proper verbal commands are required.
- Climbers should not make contact with the suspended lights in the room or the windows and window sills.
- Loose chalk is not allowed. Climbers may use chalk balls or liquid chalk.
- All problems should be reported to and handled by the on-duty supervisor or instructor. Only on-duty staff, instructors, and route-setters may change anything on the wall when the wall is closed.

EQUIPMENT ISSUE DESK
A PantherCard is required to check-out and return equipment. Only current members may check out equipment.
• Cash, check, PantherCash and credit cards (Visa, MasterCard, and Discover) are accepted for purchases.
• Dirty laundry items should be returned and placed in the laundry basket on the same day they were rented.
• All checked out items should be returned on the same day they were rented by 10 minutes prior to closing.
• Only bags that are too large to fit into an empty locker will be checked at the Equipment Issue Desk. Checked items will be kept only while the patron is in the SRC.
• Users will be responsible for damaged or broken equipment.

FITNESS CENTER
Personal training sessions include cardiovascular exercises, muscle strengthening and endurance exercises, and flexibility exercises. Nutrition consultation sessions include discussions about my dietary habits and goals for my nutritional intake based on my nutritional needs and within the scope of practice of the nutrition practitioner. I understand that sessions can only include matters within the scope of practice offered by the Fitness Center staff and their respective programs/services. The Fitness Center reserves the right to make referrals out rather than provide services to clients when issues exceed the scope of available services and/or scope of practice of the practitioner.

• **Cancelations and Rescheduling**: Canceling or rescheduling sessions requires at least 24 hours advance notice. If a 24 hour notice is not given, it will be considered a no-show. I understand that I will forfeit that session as well as the cost of the session. A maximum of 3 cancelations/schedule changes/no-shows will be allowed each semester. I understand that sessions that have not begun 15 minutes past the scheduled start time due client tardiness will be forfeited without a refund or rescheduling and counted as a no-show. If more than 3 cancelations/schedule changes/no-shows occur, I understand that any scheduled sessions in the current semester will be returned to the available session pool and I will be suspended in scheduling sessions until the following semester. I understand that only 3 sessions may be carried forward one semester.

• **Refunds**: Refunds will be given for sessions if there is a documented medical issue that precluded provision of 24 hours’ notice of the need to cancel or reschedule. A refund will also be given if the scheduled sessions are returned to the session pool for administrative purposes.

• **Carrying Sessions Forward One Semester**: A maximum of 3 sessions (sessions, consultations, tests) may be carried forward for one semester (spring to summer; summer to fall; fall to spring). Any sessions not used by the end of the second semester will be forfeited.
FREE WEIGHT AREA AND EXERCISE ROOM

- Medical clearance is recommended for men over 45, women over 55 and individuals of any age who have two or more of the following risk factors: diagnosed hypertension, blood pressure of 140/90 or greater, total cholesterol greater than 200mg/dl or HDL of 35mg/dl or lower, smoke cigarettes, impaired fasting glucose, obesity, a family history of heart disease or a sedentary lifestyle. Medical clearance is also strongly recommended for persons with cardiovascular, pulmonary or metabolic disease.
- No tank tops, bare abdominal area and/or back, jeans or slacks with rivets or zippers, no belts, no opened-toed shoes, non-athletic shoes, or slick soled shoes. These clothing procedures are in effect for personal safety and protection of the equipment.
- Users are responsible for wiping sweat off of the equipment. Each user may bring his/her own towel, purchase a workout towel, or use the paper towels in the dispensers located in the workout area. Gym Wipes are located throughout each area to clean machines after each use. You are encouraged to clean each machine pre and post use.
- No chewing gum, tobacco, or food allowed. Beverages are only permitted if contained in a plastic bottle with a secured lid or squirt spout.
- Book bags, workout bags, pocketbooks and books are to be secured in a rented or day use locker or cubby.
- Please report broken equipment to the Information Desk inside the Exercise Room.
- Exercise Room staff will provide general equipment orientations only. See the Fitness Center staff for fitness assessment, exercise prescriptions, and personal training.
- Only SRC staff, in the course of their university employment, may provide personal training, sport/fitness instruction and/or coaching in the Student Recreation Center.
- Users must return bars/weights to their proper storage racks.
- Weight belts are not allowed on exercise equipment if the buckle makes contact with the upholstery.
- You must allow others waiting for the machine to work into your rotation.
- Slamming or dropping weight stacks, plates, or dumbbells is prohibited.
- Spotters should be utilized when excessive weight is lifted over body.
- Spring collars are required on all barbells.
- Chalk is prohibited.
- Dropping of dumbbells is only permitted in matted areas providing the user drops in a controlled manner so that the dumbbell would not injure another person or equipment/floor.
- Dropping of a barbell or a barbell with weights is not permitted anywhere.
- Cell phone use whether talking or texting is prohibited while exercising. Patrons talking on their cell phones while in the Exercise Room or Free Weight Area will be asked to
move to the lobby or stairwell area until their conversation is over. Please respect your fellow patrons.

- No person under the age of 16 may be in either of these areas.
- Patrons must use the equipment for its intended purpose or function. Improper use of any plate-loaded machines, selectorize machines, or cardio pieces will not be tolerated.

**GAME ROOM**

- Check out and return all equipment with your PantherCard.
- Users will be responsible for damaged or broken equipment.
- Food and Beverages: Only water in a plastic bottle with a secured lid or squirt spout permitted.
- Gambling, profane language, and fighting are prohibited. May result in suspension of SRC privileges.
- Secure your valuables, clothing, and book bags in a locker.
- Wrist straps must be secured on wrist when playing the Wii.
- All open table tennis and billiard tables are available on a “first come, first serve” basis.

**BILLIARD AREA POLICIES**

- Play is limited to one hour if there are people on the waitlist.
- When your hour is up, you are to stop playing when asked by the SRC staff.
- If you are signed up on the waitlist and you join a game at another table, you will be moved to the end of the waitlist regardless of how much time they have left on the table.
- Patrons may only rent one set of balls and use one table at a time.
- One foot must remain on the floor while shooting.
- Sitting on the tables is prohibited.

**LOBBY**

The lobby is for the exclusive use of Georgia State University students, faculty, staff, Recreation members, and their sponsored guests. This main concourse is the primary entrance to and exit from the activity areas of the SRC. Use of any other exterior door is prohibited and will activate an alarm system. Use of the email stations is limited to 10 minutes per person per session while others are waiting. The Facilities Coordinator must approve use of the lobby area for special displays, posters or flyers. The lobby may be RESERVED for approved university events.
MAIN GYM

- Required clothing: t-shirts, sleeveless shirts or tank tops are permitted in this area; athletic shorts or pants, non-marking tennis, basketball or cross training shoes.
- Prohibited clothing: non-athletic shoes and shoes with marking soles; any piece of clothing that expresses any profane and/or discriminating messages will not be allowed.
- Food and Beverages: Beverages in a plastic bottle with a secured lid or squirt spout are permitted. Any type of food, gum, or beverage in a non-plastic bottle is prohibited.
- Hanging on the rims or throwing balls at the windows or onto or from the track is prohibited.
- Spitting, profane language, or fighting is prohibited and could result in the suspension of your SRC privileges.
- Please secure your valuables, clothing and book bags in a locker. Any items not secured should be kept on the window bench or bleacher areas and not in the playing area.
- For a volleyball set up, contact a Facility Supervisor at the Service Counter.
- Courts are available on a “first come, first serve” basis when not reserved for programs, special events, or approved reservations.

OMNI GYM

- Required clothing: t-shirts, sleeveless shirts or tank tops are permitted in this area; athletic shorts or pants, non-marking tennis, basketball or cross training shoes.
- Prohibited clothing: non-athletic shoes and shoes with marking soles; any piece of clothing that expresses any profane and/or discriminating messages will not be allowed.
- Food and Beverages: Beverages in a plastic bottle with a secured lid or squirt spout are permitted. Any type of food, gum, or beverage in a non-plastic bottle is prohibited.
- Hanging on the rims is prohibited.
- Indoor soccer balls only, no rubber/vinyl outdoor balls allowed.
- Plastic floor hockey sticks are preferred. All non-plastic floor hockey sticks must be approved by the Intramural or Facilities Coordinator.
- Spectators should enter the gym through the hallway entrance located past the gym doors on the right.
- Spitting, profane language, or fighting is prohibited and could result in the suspension of your SRC privileges.
- Please secure your valuables, clothing and book bags in a locker. Any items not secured should be kept on the window bench or bleacher areas and not in the playing area.
- For a volleyball or badminton set up, contact a Facility Supervisor at the Service Counter.
- Courts are available on a “first come, first serve” basis when not reserved for programs, special events, or approved reservations.
STUDIO POLICIES
• For safety considerations, classes may be limited based on space and the availability of equipment.
• If classes are crowded, participants cannot reserve space or equipment for anyone not present.
• Patrons must be at least 16 years of age to participate in fitness classes.
• Instructional clinic registration is limited to current students and fac/staff/grad members.
• Participants who enter a class after the warm up has concluded may be asked to leave.
• Participants leaving a class early are responsible for their own cool down if they choose to leave before class has ended.
• Closed toe exercise shoes are required for Fitness Classes.
• Stereo use and closet access is limited to current instructors.
• No chewing gum while participating in class.
• No food or beverages allowed in the studios, except water in plastic bottle with a secured lid or squirt spout.
• In order to maximize space and ensure safety, participants are encouraged to store personal belongings in one of the secured locker areas.
• Appropriate class attire is required at all times, including proper shoes and gear. Attire requirements may differ per class. Shoes and/or gear that leave marks on the floor are NOT permitted. Shoes are NOT permitted in the Martial Arts Studio.
• For the comfort and safety of participants, a towel and water bottle is highly recommended for group fitness classes.
• No cell phones are to be used inside of studios during class instruction.
• The instructor reserves the right to ask a participant to leave for refusal to follow these policies.
• Participants are encouraged to use cleaning towels to wipe down equipment pre and post use.
• Participants must adhere to all other published SRC policies.

TRACK-SRC
Track spikes are prohibited. Activity direction will change each day. Out of courtesy to other runners on the track, do not reset the pace clock unless you are the only person on the track. Slower walkers and joggers should move to the outside of the track.
INDIAN CREEK RECREATION AREA

ICRA LODGE
900 South Indian Creek Drive, Stone Mountain, Ga 30083

The 4,700 sq. ft. lodge consists of a large meeting room/banquet room, two breakout rooms, an open pre-function reception area with a fireplace, a catering kitchen and front and rear outside decks with seating. For details regarding scheduling, site specific policies and fees, recreation.gsu.edu/files/2013/12/Lodge-Policies-and-Procedures.pdf

Georgia State properties' and facilities' policies are applicable, which include, but are not limited to:

- NO SMOKING ALLOWED - Smoking, smoking devices, e-cigs, tobacco, drugs, and alcohol in any form is prohibited in all recreational facilities.
- NO ALCOHOLIC BEVERAGES are allowed anywhere on the premises.
- NO PETS are allowed anywhere on the premises, except for working companion animals.
- Parking should be confined to the paved or only. Parking on grass or dirt is prohibited.

ICRA POOL
Family Memberships to Indian Creek Pool only (limited to mother, father, sibling, spouse/domestic partner, and dependent children)
- Currently enrolled students - $50
- Faculty/Staff and Graduate Members - $60

Guests
- Members are permitted to bring up to 3 guests per visit at a cost of $3 per guest per visit.
- Non Recreation Member Georgia State University Faculty/Staff may use the pool at a cost of $3 per entry

Policies
- All members are required to show PantherCard access the ICRA pool. Failure to comply may result in immediate revocation of membership. Members are responsible for the behavior and actions of their family and guests.
- All users (members, family and guests) of the ICRA pool must read and sign a release/waiver.
• Minors (persons 18 years or younger) must be accompanied by an adult 19 years or older.

PANTHERSVILLE RECREATION COMPLEX
Location: 2401 Wildcat Road, Decatur, GA 30034

This facility includes two large lighted fields, sundeck, restrooms and parking. This area is used for intramural and sport club events but may be reserved by student groups. Call 404-413-1750 for more details.

Georgia State properties’ and facilities’ policies are applicable, which include, but are not limited to:

• NO SMOKING ALLOWED - Smoking, smoking devices, e-cigs, tobacco, drugs, and alcohol in any form is prohibited in all recreational facilities.
• NO ALCOHOLIC BEVERAGES are allowed anywhere on the premises.
• NO PETS are allowed anywhere on the premises, except for working companion animals.
• NO GOLFING is permitted anywhere on the premises.
• NO PROFANITY will be tolerated. Anyone using inappropriate language or behaving offensively will be asked to leave the property.
• DO NOT LITTER - Participants should use the trash containers and not leave any trash or garbage on the facility grounds.
• The Department of Recreational Services is not responsible for any personal items left unattended and/or unsecured.
• Parking should be confined to the paved or graveled areas only. Parking on grass or dirt is prohibited.

Anyone who does not follow the policies will be asked to leave the property and could face further disciplinary actions.

RESERVATIONS
Space in the Student Recreation Center, Indian Creek Recreation Area and Panthersville may be reserved by University departments and chartered student organizations. The ICRA lodge may also be reserved by recreation members.

Facilities are only available for non-commercial use by eligible users. Eligible users may only place a reservation for their own use and may not make reservations for other persons or groups who are not eligible to make the reservation directly. Reservation applications can be found at: recreation.gsu.edu/services/reservations/
Racquetball & Squash Court

Racquetball & squash court reservations are accepted up to 2 days in advance, but no less than one hour prior to usage time. Reservations can be made in person at the Equipment Issue Desk anytime during operating hours or over the phone 404-413-1770. Courts 1 and 2 will start play on the hour for one hour with a limit of one reservation per day per person. Courts 3 and 4 will begin play on the half hour. Court reservations are forfeited after 10 minutes. Courts are available for open play if there are no reservations or if participants do not show for their reserved time slot. Unreserved courts are “first-come, first-served” and available for play for one hour or until the next reservation. Protective eyewear is highly encouraged! Racquets, balls, and eyewear can be checked out at no charge at the Equipment Issue Desk. Intentional kicking or hitting the walls, floors, or glass is prohibited.