Our Mission
The Department of Recreational Services promotes healthy life-styles through exceptional recreational programs, services, and facilities.

Our Vision
The Department of Recreational Services will be the leader in recreational programs among urban universities serving a diverse student body.

Recreational Services
Department Overview FY16

Student Recreation Center
Opened August 2001 – 161,112 sq. ft.
Over 6.2 million entries to date

FY16 STATS
Days open – 313
Total entries – 461,134
Daily average – 1,473
Monday-Friday average – 1,781
Saturday-Sunday average – 424

FACILITY USAGE
Daily usage of facility by member type:
Students – 88% • Faculty/staff – 10% • Affiliates – 2%

Usage of facility by class standing:
Freshman – 45% • Sophomores – 17% • Juniors – 15%
Seniors – 11% • Graduate students – 12%

Usage of facility by gender:
Male – 62%
Female – 36%
Not Reported – 2%

MEMBERSHIPS
Non-student memberships – 2,053
Faculty/Staff memberships – 1,252 [23% of 5,390 eligible]
The national average for Faculty/Staff memberships in a similar recreation facility is 12-14%!

PROGRAMMING AREAS
• Aquatics and Safety • Fitness • Instructional Clinics •
• Intramurals • Outdoor • Special Events • Sport Clubs •

STAFF SNAPSHOT
32 Fulltime Staff:
Fulltime Professional staff – 20
Maintenance staff – 3
Building Services staff – 9
• Gender: Male – 18, Female – 14
• Race: Caucasian – 16, African American – 14, Other – 2
Graduate Assistants – 21
Student Assistants – 150+

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The 2016 FY saw continued facility improvements and many special events. A closure for renovations in the fall produced LED lights, resurfaced lap pool, new lane lines, and boiler system. This gave the facility look a much needed update and improved visibility for lifeguard staff surveillance. The swim lesson staff are making waves as we welcome a new WSI Team leader and 5 newly certified WSI staff. Special events also had an exceptional year with the “Rave in the Rec” drawing max capacity crowds. The newly offered “Dive in Movie” with Jurassic World was a roaring success with over 100 participants and the first annual “Turn Our Grass Blue” event also went swimmingly with 70 participants.

### By the Numbers

Aquatic and Safety Programs offered  
[10% decrease from FY15]

91

Participants in FY16  
[20% increase from FY15]

1,363

<table>
<thead>
<tr>
<th>Programs offered in Aquatics</th>
<th>FY 14</th>
<th>FY 15</th>
<th>FY 16</th>
<th>% Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student Recreation Center</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Summer Programming</td>
<td>13</td>
<td>19</td>
<td>21</td>
<td>10% increase</td>
</tr>
<tr>
<td>Fall Programming</td>
<td>35</td>
<td>37</td>
<td>21</td>
<td>43% decrease</td>
</tr>
<tr>
<td>Spring Programming</td>
<td>37</td>
<td>45</td>
<td>49</td>
<td>8% increase</td>
</tr>
<tr>
<td>Totals for Year</td>
<td>85</td>
<td>101</td>
<td>91</td>
<td>10% decrease</td>
</tr>
</tbody>
</table>
Summer 2015 was very busy in the Fitness Center. The trainers stayed consistently busy with new and returning clients. We also held two special programs, Smart Summer Sundaes and Lipids Don’t Lie, which drew in great crowds for both events. We partnered with Dining Services to offer Smart Summer Sundaes, a program where participants had to build their “perfect” sundae while keeping their calories, sugar, and fat content under specified levels. We had around 75 participants and gave out a lot of free ice cream. With Lipids Don’t Lie, we were able to test 60 participants total and HDL cholesterol levels for the 3-hour event. Our Nutrition Interns created great handouts for our participants so they could learn more about their numbers.

In the fall, we had a full team of GA’s and were fortunate to have two returning GAs who were great leaders to the newer staff. We also had 2 interns with us this who were former fitness attendants; their additional hours likely helped contribute to our high numbers of services offered this semester. Almost all of our fitness center services saw increased sales. In September, we took several undergraduate and graduate students to the Georgia Recreational Sports Association (GRSA) workshop at Georgia College and State University in Milledgeville, GA. For spring semester, the Fitness Center was extremely busy including an intern on staff. Our first program of the semester, Sweetheart of a Meal, was also a great success.

By the Numbers

160
Participants for Fitness Programs offered in 2016
[6% decrease from FY15]

2,533
Fitness Products sold in FY16
[17% increase from FY15]

<table>
<thead>
<tr>
<th>Fitness Center Products Sold</th>
<th>FY14</th>
<th>FY15</th>
<th>FY15</th>
<th>% Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>Personal Training Sessions</td>
<td>2,204</td>
<td>1,724</td>
<td>2,117</td>
<td>23% increase</td>
</tr>
<tr>
<td>Training Packages</td>
<td>162</td>
<td>110</td>
<td>135</td>
<td>23% increase</td>
</tr>
<tr>
<td>Nutrition Packages</td>
<td>122</td>
<td>91</td>
<td>100</td>
<td>10% increase</td>
</tr>
<tr>
<td>Total Products Sold</td>
<td>2,689</td>
<td>2,173</td>
<td>2,533</td>
<td>17% increase</td>
</tr>
<tr>
<td>Total Revenue for All Products</td>
<td>$25,832.50</td>
<td>$21,255.00</td>
<td>$28,847.50</td>
<td>36% increase</td>
</tr>
</tbody>
</table>
Fiscal Year ’16 has been a great year full of exciting programs and offerings. One of our biggest events of the year, Zumbathon, brought in over 200 students, faculty, and staff of the University community to enjoy a two hour dance party workout that our participants really loved. Other special events, including Train Like a Tribute, Sunset Yoga, and Panther Duathlon challenge further showcased a variety of our class and clinic options as well as promoted diversity and awareness to those in attendance. We continued to track free fitness class participation to help discover attendance trends and gather information for future programming needs. We are proud to report our final count for Summer, Fall, and Spring totaled over 18,000 people in the free classes! Between Summer, Fall, and Spring, clinics had over 800 registered clinic participants! We have been very fortunate this year to add several new student instructors to our staff and it has been great to see them grow, develop, and lead classes they are passionate about. Overall this was an exciting year and we are really looking forward to what the next year has to offer!

**By the Numbers**

**200+**

Participants in 5th Annual Zumbathon!

**18,000**

Participants in our Free Fitness Classes for the year **FY 16**

**835**

Participants in our Clinics for the year **FY 16**

![Bar chart showing number of participants in clinics by semester and year](chart.png)
The state flag football tournament was hosted at Georgia Southern this past fall, and sent 1 team, 3 officials and 2 GA’s to the event. Money Team played in the men’s tournament. The 2016 NIRSA Championship Series Regional Basketball Tournament was hosted at Georgia Tech this spring, and sent 1 official and 2 GA’s to the event. Three sports were converted from tournaments to leagues this year: Arena Ultimate Frisbee, Billiards, and Table Tennis. Participation for Arena Ultimate Frisbee and Billiards increased for this reason, in addition to them becoming more popular as more people find out about the leagues. We also introduced a new sport in the fall, Wheelchair Basketball. A 1 night special event was offered and proved to be a success. In collaboration with Kinesiology & Health, intramural sports organized a new intramural league in the spring semester. Building off of the one-night special event from this past fall, a five-team intramural wheelchair basketball league was implemented. We also introduced a new sport, wheelchair football. A one-night special event was offered and proved to be a success. Wheelchair football will be offered as a league in the fall semester.

By the Numbers

2,606
Total number of IM participants in FY16
[17% decrease from FY15]

23
The number of Intramural programs offers in FY16
[no change from FY15]
Recreational Services
Programming Highlights—Sport Clubs

There were 24 active clubs in fall, 2015 and 25 in spring, 2016. There was one inactive club in fall, 2015 and spring 2016 (Table Tennis). There were 2 new clubs started in the fall, 2015 (Powerlifting & Triathlon). There were 2 new clubs chartered in spring, 2016 (Men’s Volleyball & Women’s Soccer). The clubs attended a total of 91 competitions during 2015-2016. The clubs attended 33 competitions in fall, 2015 and 58 competitions in spring, 2016.

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By the Numbers

25
Active Sport Clubs in FY16 [4% increase from FY15]

438
Average number of Sport Club participants in FY16 [2% decrease from FY15]

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CLUB HIGHLIGHTS

- A total of 4 clubs started up during the year: Powerlifting, Triathlon, Men’s Volleyball, Women’s Soccer
- The Paintball Club participated in a tournament in New York. They placed 2nd overall.
- The Paintball club competed in the National Championships for the fifth consecutive year. The club had 9 participating members. They took home 2nd place overall.
- The Rock Climbing club competed in the National Championships for the third consecutive year. The club had 7 participating members.
- The Rock Climbing club also won the Collegiate Climbing Series Regional hosted by Georgia Southern.
- The Brazilian Jiu-Jitsu club competed in the Pan Jiu-Jitsu Championships for the second consecutive year. This club had five participating members.
- Cycling Club had a representative, Chad Conley, who placed 4th overall in the Individual Time Trial Division of the USA Cycling National Championships.
- Chad Conley of the Cycling Club also won two individual division races hosted by Georgia Tech & University of Florida.
- Rowing Club competed in the American Collegiate Rowing Association National Championships in Gainesville, GA. The club had seven participating members in Women’s 2 person and Men’s 4 person divisions.
- Bass Fishing Club won the Lake Sinclair Invitational defeating 25 other club collegiate teams.
- Volleyball Club hosted a competition for the first time. The club had a tournament of 8 teams.
The Touch the Earth rental office saw a facelift, which involved new flooring, new paint, and new counters. This helped bring the natural feel into the office and has helped improve the enjoyment of the staff that work there. Georgia State University played a major role in facility support for the Association of Outdoor Recreation and Education conference held in Atlanta in November. Not only was much of the facility used as a site for the Student Social, but it was also crucial for some hands on climbing wall sessions. Touch the Earth also provided a pre-conference workshop on “micro adventures” held on the Chattahoochee River a few miles from campus. Recreational Services helped support around 400 conference attendees through these activity options.

**By the Numbers**

1,339

Trip participants in FY16  
(20% increase from FY15)

1,357

Number of participants in the Challenge Program during FY16  
(2% increase from FY15)

2,073

Climbing Wall Participants in FY16  
(5% increase from FY15)

1,118

Rental transactions for FY16  
(11% increase from FY15)

![Chart showing participant numbers for trips, Challenge Program, and Climbing Wall from FY14 to FY16.](chart.png)
2015-2016 saw the return of many successful special events with the addition of a few new special events. Zumbathon and the welcome back pool party, Rave in the Rec, continues to bring in huge crowds with over 300 and 200 participants respectively. New events, such as Train like a Tribute and Turn the Grass Blue proved to be a fun and new type of event that brought in different groups. To explore new adaptive programming, Intramurals hosted a special event in the fall to demo wheelchair basketball for the league in the spring. In collaboration with Kinesiology & Health, 60 participants attend the event, which led to the spring league having 5 teams. Wheelchair football was also offered the spring, with the hopes of having a league next fall. Overall, our specials events draw in large crowds and cover a broad range of activities that attract audiences who might not otherwise use our facility.

By the Numbers

≈ 3,000
Participants at Special Events

25
Special Events

SPECIAL EVENTS INCLUDED:

- Rave in the Rec
- Labor Day Luau
- Sunset Yoga
- Pushing Panthers
- Oakland Cemetery Walk
- Train Like a Tribute
- Renew You
- Dive-in Movie
- A Sweetheart of a Meal
- Turn our Grass Blue
- Zumbathon
- Panther Duathlon
- Volleyfest
- Earth Day at ICRA
- Golf Tournament
- Memorial Day Bash
- #StateFit
- Screen on the Green
- Lipids Don’t Lie
- Try Me Week
- Sport Club Recruitment Fairs
MARKETING HIGHLIGHTS
The biggest upgrade for marketing during the year is the installation of the LCD screens throughout the building. The implementation of the VISIX listserv has allowed Recreational Services the ability to reach a broader audience. The central point of distribution and uniform dimensions has modified the design time for marketing. Visual identity icons were designed for individual programming areas. Infographics were designed and placed on social media and the web. Sixteen Reasons to use the SRC were designed and placed on Facebook and Twitter. The SRC display case banner added another facet to the SRC marketing. Monthly recreation updates were submitted to International Student Services for publication in the on-line International newsletter. One disappointment is the curtailing of the nutritional videos and the Machine Monday. From the membership side, fifty-four new member t-shirts were distributed to new members who joined using payroll deduction.

TECHNOLOGY HIGHLIGHTS
The technology department serves to support other areas. The services and programs offered cannot fully operate without the assistance of the computers and/or software maintained and serviced through technology. The technology area managed the upgrade the conference room presentation hardware. The upgrade included the addition of Smart Board technology to increase collaboration and functionality. In addition, 15 displays were installed in order to upgrade our marketing efforts. Those 15 displays will increase customer awareness of our services and programs. Beginning in July, major upgrade included the installation of the Event Management Systems software. This will manage reservations and scheduling for all facilities. Door calendars have been added in each activity space to display the daily schedule,
Indian Creek Recreation Area Update

INDIAN CREEK RECREATION AREA HIGHLIGHTS
Several changes took place at the Indian Creek Recreation Area this year, all of which led to improved operations, facilities, grounds, and services. Some of these changes include: new landscape contract with better accountability and communication with contractor, catering policy changes at the Lodge to provide more flexibility for groups, conversion of the Dogwood room into an office space for the Coordinator, and the removal of several dead trees leading to the implementation of preventive practices for grounds keeping to preserve the soil and plants.

<table>
<thead>
<tr>
<th>Semester</th>
<th>Number of Events</th>
</tr>
</thead>
<tbody>
<tr>
<td>Summer 2015</td>
<td>57</td>
</tr>
<tr>
<td>Fall 2015</td>
<td>51</td>
</tr>
<tr>
<td>Spring 2016</td>
<td>54</td>
</tr>
<tr>
<td>Totals for Year</td>
<td>162</td>
</tr>
<tr>
<td>Number of Participants</td>
<td>4,714</td>
</tr>
</tbody>
</table>

Most notably, perhaps, was the opening of the Outpost building, which provides a space for the Challenge Program to operate without interfering with events at the Lodge.

Other highlights include:
- Eight cocktail tables and eight linens were purchased for events in the Lodge.
- A stone curb was built along the driveway from the entrance to the Lodge using stones that had been retrieved from throughout the property in the preceding spring semester.
- The “Red House” and guard hut were painted tan and brown to match the other buildings on the property. The “Red House” is now called the “Pool House”
- A comprehensive tree and landscape audit was completed in October. Several trees on the property were identified as “critical”, and as a result, two large trees were removed and two others were trimmed to a safe level.
- Purchased office furniture for the Coordinator.

Usage by Group Type
FY 15 vs. FY 16

Univ. Dept.  Stu. Org  Rec Member
FY 2015  95  25  6
FY 2016  122  29  13
UTILITY UPDATE
Total costs for utilities are below. FY16 costs decreased 15% with a monthly average of $27,020. Even though utility costs are still high, we are continually finding ways to reduce our carbon footprint, such as our building envelope project. See page 14, IEP #3 for more information on our sustainability efforts.

FACILITY UPDATE
A number of facility projects outside of normal day-to-day operations took place during FY16. Below are the projects completed throughout the year:

- Replace all shower and locker room partitions - $229,922
- Replace boilers for all 3 bodies of water in Aquatic Center - $233,994
- Misc. compliance upgrades in Aquatic Center - $49,200
- Resurface floors for studios, gym, and racquetball courts - $10,000
- Building systems control upgrade - $84,240
- Touch the Earth Rental Center upgrade - $7,625
- Painting throughout SRC - $13,340
- Pool resurfacing & new lights - $199,144

*Total expenses for FY16 facility updates: $827,465*
OPERATING BUDGET
Total FY16 operating budget = $2,819,659
- 50% funded through mandatory student fees
- 27% funded through State allocation (primarily for maintenance and custodial salaries)
- 23% self generated (primarily by non-student memberships, locker rentals, and program fees)

SELF GENERATED REVENUE
Total FY16 self generated revenue = $619,960
Some examples:
- Outdoor desk operations revenue = $13,500
- Guest pass revenue = $36,300 (an average of 21 passes sold every open day)
- Equipment desk operations revenue = $32,4032

EXPENSES
Total FY16 expenses = $3,125,434
- Student assistants for all departmental operations, including Graduate Assistants, group fitness instructors, and special project workers = $854,421
- Total FY16 fulltime staff expenses = $1,187,285
- Department operational costs = $839,590
  - Lightning damage repairs = $26,776
  - Painting, gutters, deck staining = $27,418
  - SRC door repairs = $10,963
  - Remodeled TTE Rental Center = $7,625
  - Erosion control at ICRA = $6,644

VEHICAL FLEET
Department Vehicle Fleet—10 Total (9 vans, 1 pick-up truck)
- Total Trips made = 486 (down 2%)
- Total miles driven = 84,227 (down 7%)
- Total fuel costs = $14,390.46 (down 24%)
- Total maintenance costs = $5,412.84 (up 148%)
Recreational Services

Assessment Highlights

Every year, we evaluate our recreation programs and services through targeted assessments. We use student learning outcomes (SLOs) and institute effectiveness plans (IEPs) to evaluate if we meet our mission statement: The Department of Recreational Services promotes healthy lifestyles through exceptional recreational programs, services, and facilities.

Our six SLOs and IEPs for FY16 included:

IEP #1. The Department of Recreational Services promotes healthy life-styles through exceptional programs and services.

IEP #2. The Department of Recreational Services promotes healthy life-styles through exceptional facilities.

IEP #3. The Department of Recreational Services will implement sustainability practices throughout the Student Recreation Center that strengthen and support students’ engagement with sustainability.

SLO #4. Students that participate in the Mt. Baker with Dr. Becker trip will learn basic glacier mountaineering skills including: walking with crampons, self-arrest training, ropes skills and traveling on a rope team, and crevasse rescue skills.

SLO #5. Students that participate in Instructional Clinics at the Student Recreation Center will discover and develop two transferrable life skills.

SLO #6. Students discover similarities and strengthen relationships among each other through the integration of engaging activities that allow individuals from different physical capabilities to intentionally interact.

Below is the evaluation criteria we used and the results from FY16’s assessments:

**IEP #1.** Average daily usage will maintain levels documented in the past 3 academic years.

<table>
<thead>
<tr>
<th>Fiscal Year</th>
<th>Total Entries</th>
<th>SRC # Days Open</th>
<th>Daily Average</th>
<th>Daily Average Monday-Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>FY16*</td>
<td>461,134</td>
<td>313</td>
<td>1,473</td>
<td>1,781</td>
</tr>
<tr>
<td>FY15*</td>
<td>435,741</td>
<td>313</td>
<td>1,392</td>
<td>1,687</td>
</tr>
<tr>
<td>FY14</td>
<td>463,021</td>
<td>309</td>
<td>1,498</td>
<td>1,823</td>
</tr>
</tbody>
</table>

*FY15/16 data is from July 1-June 30; all future years will be compared with this date range

**IEP #2.** All 4 levels of the SRC will meet the criteria for an APPA score of 2 or less*. (*less is better)

The average Association of Physical Plant Administrators (APPA) score for each level of the building compared in the table below. Semesters are compared to the previous year’s scores, with the lower score being the better score:

<table>
<thead>
<tr>
<th></th>
<th>Lower Level</th>
<th>First Level</th>
<th>Second Level</th>
<th>Third Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>Floors &amp; Base Moldings</td>
<td>2.29</td>
<td>2.24</td>
<td>2.07</td>
<td>2.11</td>
</tr>
<tr>
<td>Vertical Surfaces</td>
<td>2.13</td>
<td>2.03</td>
<td>1.86</td>
<td>1.91</td>
</tr>
<tr>
<td>Horizontal Surfaces</td>
<td>2.10</td>
<td>2.11</td>
<td>1.97</td>
<td>1.89</td>
</tr>
<tr>
<td>Trash Containers</td>
<td>1.54</td>
<td>1.73</td>
<td>1.47</td>
<td>1.58</td>
</tr>
<tr>
<td>Lighting</td>
<td>1.05</td>
<td>1.08</td>
<td>1.01</td>
<td>1.00</td>
</tr>
<tr>
<td><strong>Average</strong></td>
<td><strong>1.82</strong></td>
<td><strong>1.84</strong></td>
<td><strong>1.68</strong></td>
<td><strong>1.70</strong></td>
</tr>
</tbody>
</table>
IEP #3. A) Comparison of product usage (annually) from previous years. B) Comparison of utility usage (annually) from previous years. C) Establish base numbers for comparison in future years for recyclable materials (waste diversion rate).

i. The graph below compares our product usage data from the past 5 years. Our product usage data includes costs incurred from the following areas: Contract services, repairs, and supplies; Building services; Indian Creek Recreation Area equipment and supplies; Panthersville maintenance; Pool equipment and supplies at both downtown and ICRA locations; and Industrial and mechanical supplies. Operational costs are up this year due to several projects that required significant resources, including the opening of our Outpost area at Indian Creek and extensive pool renovation project. After 15 years of operation, these costs were necessary for general upkeep and allow us to keep in line with our mission statement.

![Usage Costs Graph]

ii. The graph below shows our annual utility costs from the past five (5) years. Our utility costs have decreased 15%, with a monthly average of $27,020.

![Utility Costs Graph]
**IEP #3. continued**

iii. Our FY16 numbers, compared to years FY13, FY14 and FY 15, are as follows:

<table>
<thead>
<tr>
<th>Recyclable Material</th>
<th>Amount Recycled (in tons)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>FY13</td>
</tr>
<tr>
<td>Old Corrugated Containers</td>
<td>11.6</td>
</tr>
<tr>
<td>Books</td>
<td>n/a</td>
</tr>
<tr>
<td>Paper (mix and white)</td>
<td>4.2</td>
</tr>
<tr>
<td>Plastic Bottles</td>
<td>3</td>
</tr>
<tr>
<td>Aluminum Cans</td>
<td>.905</td>
</tr>
<tr>
<td><strong>Grand Total</strong></td>
<td><strong>19.705</strong></td>
</tr>
</tbody>
</table>

The grand total of recyclable material that has been kept out of the landfills this fiscal year by the SRC efforts is = 21.68 Tons. This doesn’t include metal. Our total solid waste was 48.02 tons giving the SRC a solid waste diversion rate of 45.14% for FY16. This means we are preventing and reducing generated waste through source reduction, recycling, reuse, and/or composting, according the EPA website, [www.epa.gov](http://www.epa.gov). The EPA has set a target for a 50% waste diversion rate for its own facilities. We hope to meet or exceed that rate with next year’s waste diversion rate for our facility.

Our 2 Elkay water bottle filling station being placed in strategic areas have minimized plastic bottle waste by filling a projected 236,618 sixteen ounce water bottles this year.

**SLO #4.** At least 90% of students that go on the Mt. Baker trip will demonstrate their basic glacier mountaineering skills has improved from pre-training to post-trip. A pre-trip survey will be collected to ensure skills have been grasped before the trip commences. Less than a 90% “agree” will result in revisions for training techniques before the trip leaves. Students will also fill out a post-trip survey that demonstrates their development of basic glacier mountaineering skills throughout the training process.

- A pre-training survey was handed out to all trip participants to see how confident they felt about their basic glacier mountaineering skills. 10 students answered the survey on the following categories.
- Before this trip, I feel that I possess basic glacier mountaineering skills that include: Walking with Crampons; Self – Arrest skills; Rope Skills; Traveling on a rope team; Crevasse Rescue Skills
- A table of the responses are below; n=10

<table>
<thead>
<tr>
<th>Skill</th>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Somewhat Agree</th>
<th>Somewhat Disagree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>Walking with Crampons</td>
<td></td>
<td></td>
<td>20%</td>
<td>10%</td>
<td></td>
<td>70%</td>
</tr>
<tr>
<td>Self-Arrest Skills</td>
<td></td>
<td></td>
<td></td>
<td>10%</td>
<td>20%</td>
<td>70%</td>
</tr>
<tr>
<td>Rope Skills</td>
<td></td>
<td></td>
<td>20%</td>
<td>20%</td>
<td>20%</td>
<td>40%</td>
</tr>
<tr>
<td>Traveling on a Rope Team</td>
<td></td>
<td></td>
<td>10%</td>
<td>10%</td>
<td></td>
<td>80%</td>
</tr>
<tr>
<td>Crevasse Rescue Skills</td>
<td></td>
<td></td>
<td>10%</td>
<td></td>
<td></td>
<td>90%</td>
</tr>
</tbody>
</table>
A post-trip was emailed out to all trip participants to see how confident they felt about their basic glacier mountaineering skills. 9 of the 10 students answered the survey on the following categories:

- Because of this trip, I feel that I possess basic glacier mountaineering skills that include: Walking with Crampons; Self – Arrest skills; Rope Skills; Traveling on a rope team; Crevasse Rescue Skills
- A table of the responses are below; n=9

<table>
<thead>
<tr>
<th>Skill</th>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Somewhat Agree</th>
<th>Somewhat Disagree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>Walking with Crampons</td>
<td>89%</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>11%</td>
</tr>
<tr>
<td>Self-Arrest Skills</td>
<td>78%</td>
<td>11%</td>
<td></td>
<td>11%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rope Skills</td>
<td>89%</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Traveling on a Rope Team</td>
<td>89%</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Crevasse Rescue Skills</td>
<td>67%</td>
<td>11%</td>
<td></td>
<td>22%</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

From the pre-training period to the post-trip experience, the majority of trip participants felt that they learned basic glacier mountaineering skills.

SLO #5. More than 80% will respond that they minimally “agree” - an average of 4 or more – on their development of two transferrable life skills – structured commitment and personal responsibility. Less than 80% response rate will result in revisions to the Instructional Clinic program and thorough review of instructors.

- A pre-survey was emailed to all participants (369) who registered for a clinic during spring semester. 92 students answered the survey & the following questions:
  - How would you currently rate your ability to maintain structured commitment to an activity?
  - 82% agreed or strongly agreed they can maintain a structured commitment
  - How would you currently rate your level of personal responsibility?
  - 84% agreed or strongly agreed their personal responsibility skill was developed.
- A post-survey was emailed to all participants (369) who registered for a clinic during spring semester. 59 students answered the survey & the following questions:
  - How would you currently rate your ability to maintain structured commitment to an activity?
  - 81% agreed or strongly agreed they can maintain a structured commitment
  - How would you currently rate your level of personal responsibility?
  - 88% agreed or strongly agreed their personal responsibility skill was developed

Both surveys show 80% or more of the participants minimally “agree” these two skills are developed. However, the pre vs. post survey shows a decline in their rating of themselves. Only 12 participants took both the pre and post surveys. Of those, 8% showed an increase, 25% a decrease, and 67% reported no change in their ability to maintain a structured commitment. For level of personal responsibility, 25% showed an increase, 33% a decrease, and 42% reported no change.

SLO #6. More than 80% of intramural participants will minimally “agree” that they interacted with, discovered similarities among, and strengthened their relationships with people from different physical capabilities while playing wheelchair basketball. Less than 80% response rate will result in further assessment of adaptive sport offerings through Recreational Services.

There were statistically significant relationships between engaging in wheelchair basketball and participant’s self-reported/perceived outcomes/improvements/benefits from playing wheelchair basketball. Competence and intrinsic motives for participation were significantly related to interest and enjoyment for playing wheelchair basketball.