

Job Title: Fitness Attendant

Supervisor: Assistant Director, Fitness

Job Description:

The Student Assistant, Fitness Attendant, under the direction of the Assistant Director, Recreation-Fitness and the Graduate Assistant, Fitness Operations has the responsibility of providing excellent customer service, enforcing facility policy, completing routine equipment cleaning and organizing and supervising their respective facility space (Exercise Room or Free Weight Area) in the Student Recreation Center.

Primary Responsibilities:

- Monitor the activities of the patrons in either the Exercise Room or Free Weight Area.
- Enforce facility policies such as appropriate clothing/footwear, bag storage, workout etiquette, etc.
- Maintain the cleanliness of all equipment in the Exercise Room and Free Weight Area including re-racking Olympic bars and weight plates, organizing equipment, and completing the daily cleaning log.
- Monitor the functionality of all fitness equipment. Report malfunctions as necessary.
- Oversee a group of 30 daily use lockers.
- Provide general selectorized and cardiovascular equipment orientation.
- Interact with patrons as an ambassador of the Department of Recreational Services.

Secondary Responsibilities:

- Attend all staff meetings and trainings hosted by the Department of Recreational Services.

Minimum Requirements and Employment Terms:

- Currently enrolled as a student at Georgia State University
- Possess current Adult CPR/AED and First Aid certification (or acquire within 60 days of hire)
- Customer-service oriented, friendly, alert, and observant
- Punctual, dependable, team player
- A working knowledge of exercise equipment and techniques
- Exercise Science or related field majors preferred

Work Environment and Physical Demands:

- Recreation center environment with moderate to loud noise
- Hearing, reading and talking; utilizing a two-way radio, communication via email, GroupMe and SubItUp
- Schedule might require early morning, later evening or weekend shifts
- Standing or walking for at least 50% of the shift
- Lifting a variety of weight (plates, dumbbells, barbells) up to 50 lbs
 - Infrequently up to 100 lbs
- Occasional bending, stooping, and engaging in exercise demonstration or spotting
- Flexible work schedule that accommodates academic classes
- Professional development opportunities within the department