



Position Description

JOB TITLE:	Graduate Assistant - Fitness Center; <i>Personal Trainer</i>	APPOINTMENT:	Up to 20 hr week w/ waiver & stipend
REPORTS TO:	Assistant Director, Fitness	PREFERRED START:	Fall Semester

About Georgia State University

Georgia State University is in Atlanta, with an enrollment of over 50,000 students. The mission of the department of Recreational Services is to promote healthy lifestyles through exceptional recreational programs, services, and facilities. At the Atlanta campus, Recreational Services is housed in the 161,000 ft², \$30 million Student Recreation Center (SRC). Our two off-campus sites are also managed by the department; Panthersville Recreation Complex, an outdoor lighted multipurpose athletic field area and the Indian Creek Recreation Area which includes the Lodge, Challenge Course, Outpost, an outdoor pool, event lawn, and sand volleyball court. The department also offers recreation opportunities at our five Perimeter campus locations.

About Georgia State University Graduate Assistantships

The department of Recreational Services offers numerous graduate assistant opportunities. Our positions are designed to provide enhanced service to our patrons and programs while providing an excellent opportunity for the graduate student to enhance their academic knowledge and professional skills. This position is specific to supporting programs or services offered at the Atlanta campus. The information below is for your review to assist in your decision on whether to apply for the position.

Tuition will be waived including out of state waiver. You are responsible for your student fees (<https://sfs.gsu.edu/resources/tuition/tuition-breakdown/>) and books. Current graduate assistants are granted a 10% book discount at the GSU bookstore. You will receive up to a \$4,500 stipend Fall and Spring semesters and up to \$3,000 for Summer (depending on your appointment/hours worked). These amounts are based on an average of 20 hours of work per week during the academic semester but could be less based on funding and needs. This appointment is on a semester-to-semester basis dependent upon job performance and funding. Scheduling will be determined by your supervisor and will vary each semester.

Job Description:

The Graduate Assistant, Fitness Center - Trainer, under the direction of the Assistant Director, Fitness, has the responsibility for meeting with, scheduling, assessing, training, and designing fitness programs for clients at the Student Recreation Center Fitness Center.

Primary Responsibilities:

- Conduct fitness assessments including submaximal cardiovascular capacity, muscular strength, muscular endurance, flexibility and body fat composition.
- Design creative workout programs based on assessment results, individual goals and objectives.
- Develop, administer, assist with and evaluate fitness/health/recreation special events.
- Work with the Assistant Director, Fitness to design special projects to grow professional skills.
- Market all Fitness Center products.
- Deliver excellent customer service.
- Support the philosophy of the Department of Recreational Services.

Secondary Responsibilities:

- Assist the Fitness Operations Graduate Assistant in the day-to-day operations of the fitness areas.
- Evening/Weekend work responsibility as required.

Minimum Requirements and Employment Terms:

- Bachelor's degree in Exercise Science, Sports Administration, Higher Education or a closely related field.
- Acceptance into the College of Graduate Studies at Georgia State University, pursuing a degree in Exercise Science, Kinesiology or a closely related field. *Must be accepted to receive a position offer.*
- Must attend all orientations and trainings
- To receive a full tuition waiver, must maintain a 12-hour class load for fall and spring semesters; 9-hour class load during the summer semester.
- Ability to work independently and as a part of a professional team that collaborates effectively with colleagues.
- Ability to thrive in an environment that values high expectations, accountability, and balanced lifestyles.
- Proficiency with Microsoft Office.
- Certification for Adult CPR/AED/First Aid or can obtain within first month.
- The appointment will be for the academic year (Fall, Spring, Summer).
- Appointment is on a semester-to-semester basis dependent upon job performance and funding.
- Assume responsibility for the mandatory health insurance requirement. (<http://www.studentinsurance.com>).